

Father I pray that you would be our refuge and strength. A very present help in the times of trouble. May we not fear though the storms may roar around us, but know that you are God in the midst of us, we will not be shaken or moved.

For you are our help, the Lord of host is with us. The God of Abraham, Isaac and Jacob and you are the God of **(mention spouse name)** and I. May we continuously declare your works Lord remembering all that you have done. So that we don't fall into anxiety or restlessness, but may we always be still and know that "I AM" is with us.

May you be exalted in our lives, exalted among your people, exalted in the earth and exalted among our enemies. For you Lord Jesus, we have made our refuge and strength in your name I pray. Amen!